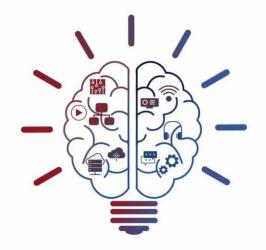
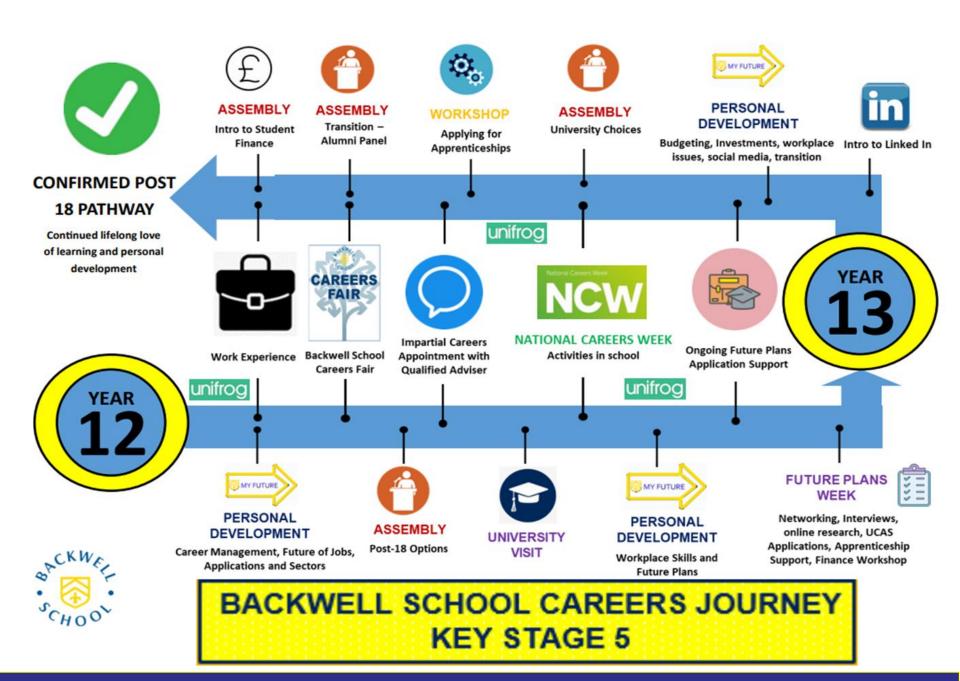


# **Future Plans Week**

23<sup>rd</sup> to 27<sup>th</sup> June 2025





#### **CAREERS PROGRAMME: LEARNING OUTCOMES**



#### By the <u>end</u> of Year 13 the students will have:

- Become aware of their interests, strengths and skills
- Associated their interests, strengths and skills with a variety of career paths
- Researched these career paths and expanded their ideas.
- Identified preferred routes whilst remaining resilient and adaptable to change
- Made choices and tested them for realism
- Applied successfully for their next steps
- Moved on confidently having developed the skills to make successful future choices

The programme also works alongside the academic and extra-curricular programme to help students **develop** employability skills such as confidence, communication, creativity, problem-solving, critical thinking, collaboration, social intelligence, and a love of life-long learning.



#### Key messages for this week

- Be open minded
- Have fun
- Be willing to work with new people
- Step outside your comfort zone have a go!
- Be polite/respectful to everyone you work with
- Be on time!



#### **MONDAY 23 JUNE**

		12-1	12-2	12-3	12-4	12-5	12-6	12-7
9.00-9.20	15 mins	INTRO TO THE WEEK (SFT)						
9.20-9.25	5 mins			Movement. Wi	ll and SN employer	rs arriving 9am.		
9.25-10.30	60 mins	Finance	Speed Networking	CV & Interview	Speed Networking CV & Interview Speed Networking			
		Workshop	CB/MF	Prep	CB/MF	Prep	СВ	/MF
		IH (SF3)	(OLD GYM)	(GIT)	(OLD GYM)	(LIT)	(OLD	GYM)
10.30-10.40	10 mins	Movement						
10.40-11.45	60 mins	Speed Networking	Finance	Speed Networking	CV & Interview	Speed Networking	CV & Interview	CV &Interview
		CB/MF	Workshop	CB/MF	Prep	CB/MF	Prep	Prep
		(OLD GYM)	Jឣ (SF3)	(OLD GYM)	(LIT)	(OLD GYM)	(SIT)	(GIT)
11.45-12.30	45 mins	Lunch. Gap Year Alumni arrive at 12.15. Fi here at 12.						
12.30-1.30	60 mins	CV & Interview	CV & Interview	Finance		GAP YEA	R TALK	
		Prep	Prep	Workshop	(SET)			
		(GIT)	(LIT)	JH (SF3)	CB/RH			
1.30-1.45	15 mins	Movement						
1.45-2.45	60 mins		GAP YEAR TALK		Finance Unifrog UCAS Unifrog UCAS Unifrog UCAS			
			(SET)		Workshop	Research 1	Research 1	Research 1
			CB/RH		JH (SF3)	(GIT)	(SIT)	(LIT)



#### **Tuesday 24th June: Bath University Trip**

8.45	Students meet in Sixth Form Theatre
9.00	Registration on coaches.
9.15	Leave Backwell
10.45-11.45	Tour of the campus
11.45-12.30	Talk on choosing and applying to University.
12.30-13.00	Lunch
13.00-13.30	Q&A with the student ambassadors.
13.45	Coaches depart
3.00	Return to Backwell School

- Lanyards
- Lunch and Water
- Weather appropriate clothing whilst representing Backwell



#### **WEDNESDAY 25 JUNE**

		12-1	12-2	12-3	12-4	12-5	12-6	12-7
9.00-9.20	20 mins	INTRO TO THE DAY (SET)						
9.20-9.30	10 mins	Movement. Will arriving at 9am.						
9.30-10.30	60 mins	Unifrog UCAS Interview & CV Check		Future Plans	Finance	Unifrog UCAS	Unifrog UCAS	
		Research 1	(	СВ	Meetings	Workshop	Research 2	Research 2
		(SIT)	(L	.ib)	(MF)	JH (SF3)	(GIT)	(LIT)
10.30-10.45	15 mins		Break/Movement					
10.45-11.45	60 mins	Interview & CV	Unifrog UCAS	Unifrog UCAS	Unifrog UCAS	Interview & CV	Finance	Future Plans
		Check	Research 1	Research 1	Research 1	Check CB	Workshop	Meetings
		CB (Lib)	(LIT)	(SIT)	(GIT)	(Lib)	IH (SF3)	(RH)
11.45-12.30	45 mins	Lunch						
12.30-1.30	60 mins	Future Plans	Future Plans	Unifrog UCAS	Interview & CV	Unifrog UCAS	Interview & CV	Finance
		Meetings	Meetings	Research 2	Check	Research 2	Check	Workshop
		(RH)	(MF)	(LIT)	CB(Lib)	(GIT)	CB (Lib)	IH (SF3)
1.30-1.45	15 mins	Break						
1.45-2.45	60 mins	Unifrog UCAS	Unifrog UCAS	Future Plans	Unifrog UCAS	Future Plans	Future Plans	Interview & CV
		Research 2	Research 2	Meetings	Research 2	Meetings	Meetings	Check CB
		(SIT)	(LIT)	(JH)	(GIT)	(RH)	(MF)	(Lib)



#### **THURSDAY 26 JUNE**

		12-1	12-2	12-3	12-4	12-5	12-6	12-7	
9.00-9.20	20 mins	INTRO TO THE DAY (SET)							
9.20-9.30	10 mins	Movement. Apprenticeship Alumni arrive at 9.15 (Isla meeting)							
9.30-10.30	60 mins		Personal Statement Masterclass or Apprenticeship Talk						
		PS Masterclass ( <u>RH :</u> BS1) ( <u>MF :</u> LIT) ( <u>IH :</u> GIT) ( <u>DL :</u> SIT)							
		Apprenticeship Talk (CB:SFT)							
10.30-10.45	15 mins		Break						
10.45-11.45	60 mins	Unifrog UCAS Research 3 (BS1)	Unifreg UCAS Research 3 (LIT)	Unifreg UCAS Research 3 (GIT)	Unifrog UCAS Research 3 (SIT)	Future Plans Meetings (CB)	Future Plans Meetings (JH)	Future Plans Meetings (MF)	
11.45-12.30	45 mins		<u>'</u>	Lunch – JL to che	ck UCAS research	lasses after lunch			
12.30-1.30	60 mins	Future Plans Meetings (CB)	Future Plans Meetings (IH)	Future Plans Meetings (RH)	Future Plans Meetings (MF)	Unifreg UCAS Research 3 (SIT)	Unifrog UCAS Research 3 (LIT)	Unifrog UCAS Research 3 (GIT)	
1.30-1.45	15 mins	Break							
1.45-2.15	30 mins	SUMMARY AND WHAT NEXT (SFT)							





- Work Experience: students should have completed an initial placement form on Unifrog and haver permission.
- If they haven't managed to get physical work experience then look at the Careers bulletin for ideas for virtual work experience – there is a lot out there, Spring Pod is great! Once completed, add as an activity on Unifrog (plus any WEX in holidays)
- Other ideas for this day:
  - Complete home learning/independent study
  - Complete a MOOC
  - Continue with applications (Personal statements, CV, research)











**Future Plans** 



#### They don't know what to do!

- Whatever decision they make is not final. It may affect what they do for the next few years but if they change their mind later on that's ok. Shouldn't worry about making the wrong choice.
- For now, open their mind to all the options and apply for as many different options as possible.
- Research! Unifrog is an excellent resource and may highlight careers they hadn't considered.
- They don't need to be 'passionate' about something just an idea they might enjoy it.



**UNIVERSITY** 

**GAP YEAR** 

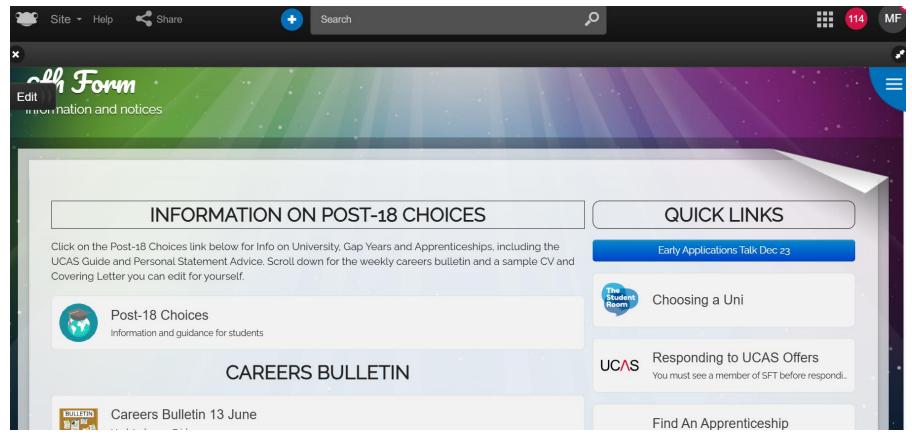
APPRENTICESHIPS
HTQs AND
EMPLOYMENT



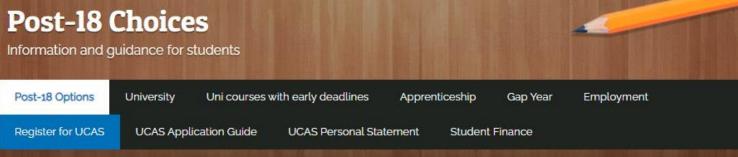












#### Post-18 Options

- University
- Apprenticeship
- Gap Year
- Employment

Research these options via your student account on Unifrog. You can input your A Level/CTEC subjects to generate some ideas.

You could also use on-line **questionnaires** such as Prospects Planner to generate career ideas based on your interests and skills.

Bear in mind these are a guide only, they are not telling you what to do!

To discuss further, book an appointment with Backwell School careers adviser, Mrs Ball (cball@backwellschool.net)

MY FUTURE

Oxbridge, Medicine, Dentistry, Vet Science, Conservatoire (music/drama) - finished applications to be handed in to school	22 Sept
Register for any University Entrance Tests	now -
There are no longer any entrance tests sat in school	early
Book early!	Sept
Applications for Conservatoires / Drama Schools <u>deadline</u>	2 Oct
Apprenticeships with larger firms and organisations are advertised	early Oct
Oxbridge, Medicine, Dentistry, Vet Science, Conservatoire (music/drama) - <u>final deadline</u>	15 Oct
All other UCAS finished applications due to school	7 Nov
Interviews for Oxford/Cambridge/Medicine	Nov/Dec



#### **KEY DATES IN YEAR 13 JAN-AUG**

All university applications <u>deadline</u> for 1 <sup>st</sup> round of decisions. You can apply after this but the courses may be full.	14 Jan
Interviews/assessments take place for apprenticeships with larger firms	Jan/Feb
Most other apprenticeship vacancies are advertised	Jan onwards
Deadline to make 1 <sup>st</sup> and 2 <sup>nd</sup> choice university places	June



#### Sixth Form/Careers weekly Bulletin – keep an eye!

#### **FUTURE PLANS:**

Careers Bulletin: Please see the 'Future Plans and Application Support' page on Frog for the latest Careers Bulletin, resources, events, support and the school's careers platform, Unifrog. If you have any queries regarding future plans, please contact Mrs Ball at <a href="mailto:cball@backwellschool.net">cball@backwellschool.net</a>.

Please see below a selection of virtual and physical university events and open days coming up – find them all at <a href="https://www.opendays.com/calendar/">https://www.opendays.com/calendar/</a>

Saturday 21 June	Central Lancashire Chester Chichester Derby	Essex Greenwich Kent	Manchester Oxford Brookes Reading
Saturday 28 June	Birmingham City Bournemouth Brunel	Cardiff City (London) Hertfordshire	Keele Manchester Nottingham Trent
Wednesday 2 July	Oxford	Southampton	
Thursday 3 July	Oxford		
Saturday 5 July	Aberystwyth East Anglia Edge Hill	Kent Kingston Sheffield Hallam	Suffolk West London
Thursday 10 July	Cambridge		
Friday 11 July	Cambridge		
Saturday 12 July	Lancaster	Roehampton	
Monday 14 July	Manchastar		



# **GAP YEAR**



# Parent/carer Information Post-18 plans WHAT STUDENTS DO ON GAP YEARS

Taking a gap year should be an informed choice

Part-time Work

**MY FUTURE** 

- Independent Travel
- Gap Year 'Scheme'
- Volunteering
- Work Experience
- Study part-time to gain a qualification (e.g. at college)
- A combination of all of these.
- Paid Gap Year scheme e.g. 'Year In Industry'
- 1 Year college course/Art Foundation course



- Can be a brilliant time to explore the world, develop skills, and have a break from study but...
- ...don't use 'gap year' as a default option choice unless you have planned what you are going to do and why you are taking a gap year....
- ...In other words, don't use it as an excuse to put off the decision of what to do next.
- It's a good idea to apply for university/apprenticeships/HTQs as well as consider a gap year, so all your options are open.
- If university is a definite for you but you want a gap year, you could apply this year for a 'deferred' place. You would then have an offer for a place to start in 2027. Not all universities offer this.



#### RESEARCH

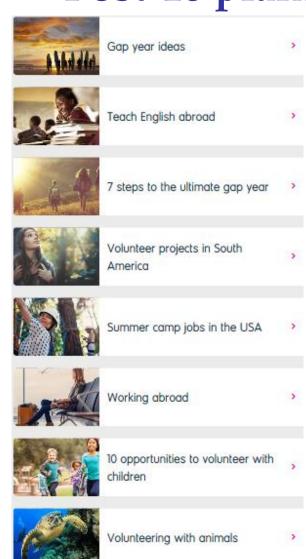
www.independantgapyearadvice.org

# **Independent Gap Advice**

Independent Gap Year Advice For Young People

www.prospects.ac.uk/jobs-and-workexperience/gap-year

**PROSPECTS** 





# unifrog

#### Parent/carer Information Post-18 plans











Read the guide >









Read the guide >



How to stay safe while travelling

Careers: Key terms Get to know your job specs from your person specs,

Work abroad: 5 reasons to make it happen

Unifrog is an excellent source of information for gap years and all other options.

Parents/carers can create an account using the form code: **BACKparentscarers** 



#### **EMPLOYMENT WITHOUT FORMAL TRAINING**

- There is no legal requirement to remain in learning after 18.
- If you do not want to achieve a higher level qualification, then it is totally reasonable to pause your formal learning and just work.
- However, your career journey is likely to benefit from gaining the highest level qualifications (academic or vocational) you can. So if further qualifications are on offer, at least consider them. You may find it harder to gain them later in life.
- You may not know what you want to do but you will have more
  options in your career the higher the qualifications you have.



#### **Apprenticeships**





- Earn a salary whilst working towards a qualification.
- The qualification is paid for. No student loan!
- Working towards Industry Standard qualifications whilst developing skills
- Working on real projects, making a difference to the world and gaining valuable work experience, as well as contacts in your chosen sector. This can give you an advantage over the graduates looking for jobs after their degrees.



#### **Apprenticeship Levels**

Name	Level	Equivalent
Intermediate	2	5 GCSEs at a pass
Advanced	3	2 A Level's at a pass
Higher	4,5, 6 and 7	Foundation degree and above
Degree	6 & 7	Bachelor's or Master's
		Degree



- You can do an apprenticeship at degree level (Level 6). For this you generally need A Levels at A/B grades.
- You could also do an apprenticeship at higher level (Level 4/5). For this you need A Levels at lower grades.
- You could also do an apprenticeship at advanced level (Level 3). Although you only need GCSEs for this, your A levels will put you at an advantage. People also choose this route if the employer requires a certain A Level which they don't have. After Level 3 you would then move up to a higher level.









#### **Higher Technical Qualifications (HTQs)**

- Level 4 & 5 qualifications, introduced in 2022 and developed by employers to bridge the skills gap
- Including Foundation degrees (FdA), Higher National Certificates (HNC's) and
   Higher National Diplomas (HND's)
- 1/2 years in duration
- Can be offered part-time
- A way to continue higher technical education for those who prefer the classroom environment
- Tuition fees and maintenance loans can be accessed



HTQs are available across the following sectors:

- digital
- health and science
- construction and the built environment
- business and administration
- education and early years
- engineering and manufacturing
- legal, finance and accounting

From 2025, HTQs in the following sectors will also be available:

- agriculture, environmental and animal care
- care services
- catering and hospitality
- creative and design
- · sales, marketing and procurement
- protective services









# Reasons students give for going to University

- Necessary for my career ideas
- More freedom and independence
- Passion for the subject
- Future earnings
- Spend time deciding what to do with my life
- I'm expected to go
- More freedom and independence
- Intellectual challenge
- Everyone else I know is going
- To experience student life and have a good time
- Help find a better job
- To meet new people from different backgrounds
- It's a natural progression from school



#### 1. Consider Subject Area

- What has caught your interest in your studies so far? Start looking broadly (e.g. 'business') before narrowing it down (e.g. 'marketing').
- You might want to try a new subject.
- You may want a course with a link to a potential career
- If you are unsure see Careers Bulletin for details on open days

#### NON VOCATIONAL

Maths Chemistry History

#### SEMI-VOCATIONAL

Business Law Psychology

#### VOCATIONAL

Physiotherapy Medicine Accountancy



#### 2. Consider Course Level

- Most students take an Honours Degree (BA, BSc, BEng, LLB,etc.). This is a Level 6 qualification.
- If you did not get the grades or relevant A levels you might consider a Foundation Year. This is an extra year before Honours Degree.
- A few students may take a Masters Degree (MA, MSc, MEng). This is a
  Level 7 qualification and takes 4 years. However, most do this as an extra
  year after the Honours Degree.
- You may consider a Foundation Degree which is a combined academic/vocational degree involving a placement. Takes 1 year (Level 4) or 2 year (Level 5).
- You may consider a vocational Higher Technical Qualification (HTQ). This is a 1/2 year Level 5 qualification which you usually take at college.



#### 3. Consider Type of Course

- Single Subject
- Joint Honours e.g. "Maths and Chemistry"
- Major/Minor (e.g. 75% of one, 25% of other) e.g. "Maths with Chemistry"
- Sponsored Degree (e.g. Army, employer funded or part-funded)
- Degree at a private college or university e.g. 'drama school'
- Year in Industry (workplace)
- Year Abroad (working or studying)
- Two year accelerated degree (intensive)
- Four year part-time degree (for those with other commitments)
- Online degree!



#### 4. Consider Entry Requirements

Courses may ask for specific grades.



They may also ask for specific subjects...

BA History (Bristol University): AAA, including History

They may ask for UCAS tariff points



BA Business and Management (UWE): 112 UCAS Tariff points

- Most will accept CTEC subjects as tariff points or instead of an A Level (including Oxbridge) but safest to <u>check first</u>.
- When making your 5 choices, go for a variety of offers, i.e. ambitious / realistic / insurance. Your teachers will give you predicted grades for UCAS applications (they will be optimistic but also realistic).



#### 5. Other Factors

- Course content. Not all degrees with the same name are the same.
- Assessment Style (exam, practical, dissertation, etc.)
- Teaching Style (lectures, seminars, tutorials)
- Contact Time (find on 'Uni Guide' website)
- Placement Opportunities
- Employer Contact and Graduate Destinations
- Location (nearby/far away, urban, coastal, country, campus, overseas)
- Clubs/Societies. Some students make this their priority.
- Living Costs
- Student Satisfaction Survey (find on 'Discover Uni' website)
- Professional Accreditation (e.g. Psychology= BPS, Teaching= QTS)
- Accommodation options



# STUDY ABROAD OR ONLINE

You might be considering studying abroad. There is lots of info on UCAS and Unifrog.

UC/S FULBRIGHT

unifrog

For study in the USA the best source of info is the Fulbright Commission



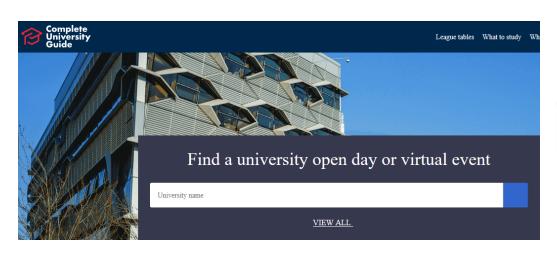
You might also consider an online / distance learning degree. A fulltime degree with the Open University is around £7k a year.





#### **OPEN DAYS**

- Even if you are not thinking of that particular university it may be worth visiting an open day just to get an idea of what a subject or university is like.
- 5 days max out of school!









## RESEARCH WEBSITES

## Parent/carer Information Post-18 plans

www.ucas.com/explore/courses

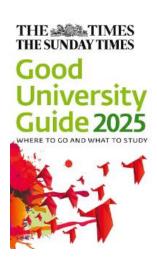
UCAS unifrog

www.discoveruni.gov.uk



- Unifrog
- League tables







# Parent/carer Information HELP IN SCHOOL Post-18 plans

 If students prefer written info, there are some prospectuses on the shelves in the Library. They can also send off for these via the uni websites.

 Talk it through with their tutor or book an appointment with Mrs Ball







#### **MAKING DECISIONS**

- 1. Think about which factors are important to you.
- 2. Create a spreadsheet with courses against these factors.
- 3. Create a league table

Uni + course	Assessment: coursework vs exam	Course content / modules	Entry requiremen ts	Travel time from home	Placement opportunity
Leeds, Maths BSc	50% of each	Four optional modules/year Can take 2 modules from other dept in Year 1	AAA/144 UCAS points	3 hrs 30 (by train)	Yes



www.gov.uk/student-finance

- Most degrees are capped at the max £9,535 per year (2025/26). Foundation degrees are around £2,600 per year.
- Everyone is entitled to a tuition fee loan but additional maintenance loans are means tested based on household income if you are under 25.\*
- Tuition fee loans are paid directly to the university at the beginning of each year. Maintenance loans are paid to you 3 times a year.
- You don't start repaying student loans until you are earning over £25k
- Repayment is based on 9% of what you earn over this amount.
- All debt is written off after 40 years.
- To help you pay living costs, scholarships, bursaries, paid placements, and part-time work are all worth investigating. Research via www.thescholarshiphub.org.uk/
- You need to apply for Student Finance in Feb 2026.



## Plan 5 Loan system











## MONEY

## Parent/carer Information Post-18 plans

New student loans to cost many 50%

more: Martin Lewis' 6 need-to-knows

about 'Plan 5' English student finance



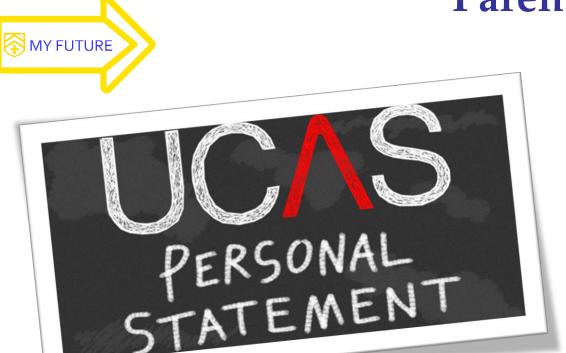
Martin Lewis | Money Saving Expert
Updated 13 May 2025





#### **University Parental Contribution Calculator**

How much the government expects you to contribute to your child's student maintenance loan. Child not at uni yet? Use our <u>How much should you save</u> calc.



# UK university staff only read students' personal statements for two minutes

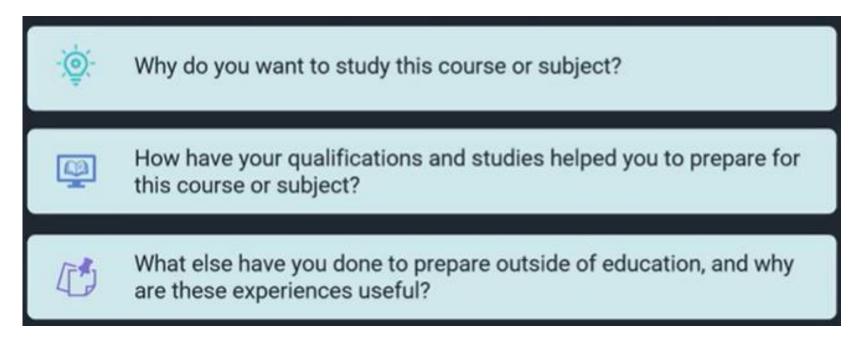
Huge increase in applications means officials are left with little time to read student statements



### What are admission tutors looking for?

- An understanding of what the course entails; demonstrate curiosity and interest, enthusiasm and motivation
- Self awareness an understanding of your transferable skills and how these can be applied to the course (time management/independent study/critical thinking etc)
- Relevant experience
- Specific examples
- Plain English!





- The new structure is to guide students and scaffold the process
- Students should have thoroughly researched the course they are interested in before they start writing it
- Use the PEEL method



#### Q1: Why do you want to study this course or subject?

Students will want to show evidence of passion, curiosity and interest, this could include:

### Motivations for studying this course(s):

- Have they been inspired by a key role model or moment in their life?
- Is it a subject they love and want to pursue further?
- · What is their drive?
- How has their path led them to this course or subject area?

#### Knowledge of this subject area and interests:

- Is there a particular subject area they've researched?
- Something they can't wait to learn more about?
- What about a book or subject expert doing great things that's sparked their interest?

#### Future plans; demonstrate why this course/subject is a good fit:

- Do they already have a particular profession in mind?
- How might they use their studies to launch their career?
- What's important to them and their future, and how might the knowledge gained from their chosen course(s) help them to achieve this?



## Q2: How have your qualifications and studies helped you to prepare for this course or subject?

**UCAS** 

Focus on what's most recent and relevant to the subject or course(s), examples could include:

## How their studies or training relate to chosen course(s) or subject area:

- This could be current or previous studies.
- From any form of formal education – think school, college, training provider, or short online university course.

#### What relevant or transferable skills they have that make them a great candidate:

- Are there a couple of subjects that helped develop a core set of relevant skills required for their chosen course(s).
- Maybe a particular module or project helped them understand where their interests and strengths lie.

#### Any relevant educational achievements

- Universities and colleges will see grades on their application - don't waste space talking about these.
- Focus on accomplishments like a competition, holding a position of responsibility or representing the school/college.



## Q3: What else have you done to prepare outside of education, UCAS and why are these experiences useful?

Examples should be reflective and demonstrate further suitability for the subject or course(s), this could include:

#### Work experience, employment, or volunteering

- In-person or virtual work experience.
- Paid for work or volunteering.
- The key thing is reflection on the experiences and the skills gained relevant to their chosen course(s).

#### Personal life experiences or responsibilities:

- Is there a situation they've personally overcome that has influenced their decision?
- Are there personal experiences that have helped them develop essential qualities for the course?

#### Hobbies and any extracurricular or outreach activities:

- Think sports, reading, community work, summer schools.
- Any activities outside of core studies that help further showcase why they'd make a great student.

#### Achievements outside of school or college

 This could be a position of responsibility for local clubs or groups, competitions, or qualifications they've attained outside of the classroom.



## Examples of evidence

UCAS

In person work experience	Blogs & vlogs	Positions of responsibility	Projects or essays	Mentoring
Virtual work experience	Documentaries	Awards	Books	Tutoring
Work shadowing	Podcasts	Challenges	Influencers	Online subject courses
Paid employment	TED Talks	Personal life experiences	Hobbies	Trips or visits
Volunteering	Articles	Work based learning / training	Clubs	Competitions



#### Use of Al e.g Chat GPT – UCAS advice

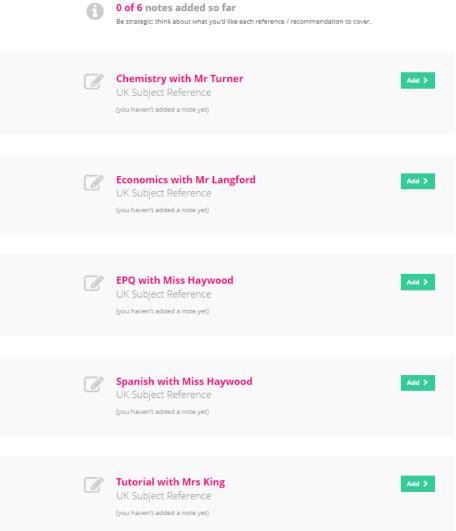
Generating (and then copying, pasting and submitting) all or a large part of your personal statement from an Al tool such as ChatGPT, and presenting it as your own words, could be considered cheating by universities and colleges and could affect your chances of an offer.

When you complete your application, you now have to declare that your personal statement hasn't been copied or provided from another source, including artificial intelligence software.

As part of our responsibility to applicants and universities and colleges, the UCAS Verification Team run checks to detect fraudulent applications and patterns of similarity in personal statements.

If UCAS software detects elements of a personal statement that are similar to others, the universities or colleges it is intended for may be notified.





It is helpful if students have done the research on their courses and make notes for their teachers to demonstrate how they have acquired the necessary knowledge/skills admissions tutors are looking for.

Especially important if they are applying to a course related to that subject.

We will share Intended Future Plans with teachers to help with references



## Parent/carer Information

# UCAS predicted grades Post-18 plans

- Predicted UCAS grades by your teachers are often
   <u>aspirational</u> but should be attainable Your teacher won't be
   doing you any favours if they give you unrealistic predicted
   grades this would be unprofessional
- UCAS predicted grades may be higher than what your internal report says – your internal forecast grades are what your teachers think you are <u>most likely</u> to achieve.
- Your teachers will use a body of evidence, such as termly assessment and trial exams to decide on these grades. You can talk to your teachers about them/ask to demonstrate attainment at a higher grade but ultimately you should respect their professional judgement.



## Make informed choices

#### Make use of your five choices:

- One/two aspirational, two/three realistic, one/two as insurance.
- After offers you will have to confirm firm and insurance choices.

#### Consider the value of a points offer:

- Courses all with a likely offer of AAB or back-up.
- A points offer of 128 points is equivalent more flexible:
  - e.g. A\*BC is also 128 points.

You can include AS & EPQ points.

		C/Exter			
D*		56			
D		48			
M	32				
Р	16				
E	6	16	8		



Write down 5 things you need to do by the end of Year 12 to help you in your planning. These need to be SMART:





#### What can students still do to boost their applications?

- Seek work experience (virtual?), volunteering, part-time jobs
- Gain specific subject knowledge via an online course (eg. via Future-learn or a MOOC on Unifrog)
- Get involved in extra-curricular activities, e.g. :
  - Creative pursuits (music, drama, art)
  - Sport / Outside activities
  - Mentoring / Supporting Others
  - Sixth Form and Lower School Clubs/Societies. If there isn't one which interests you, start your own!
- Use your study periods constructively and in a way which will help you!
- Email Mrs Ball for a 1-1 chat about your ideas.



#### **How can Parents/Carers help?**

- Talk to your young person
- Help them to be aspirational yet realistic
- Check their personal statements
- Support them to get to the right open days
- Keep an eye on upcoming deadlines (internal/external, finance, accommodation)
- Help them to resist bribery and to make a considered decision!
- Help them to make and stick to SMART targets