





In the weeks leading up to Christmas, Clevedon, Nailsea, Portishead and Yatton foodbanks will be giving out Christmas hampers and parcels to local individuals and families in need.

### A word from Clevedon foodbank...





That's 1 parcel being distributed every 8 seconds



1 in 7 people in the UK are facing hunger because of a lack of money

"This winter will be our busiest ever. More people than ever are being driven to food banks and the sharp increase in people needing help is outstripping food donations.

Your donations are vital to ensure food banks in our network can continue to help everyone referred to them."

# HELP SUPPORT YOUR FOODBANK WITH FOOD AND FUNDS THIS CHRISTMAS

Previous donations have been very much appreciated:)





Neilsea Foodbank Southfield Church 85 Southfield Road North Somerset BS48 4 SB

T 07927472649

3rd December 2021

#### Dear Staff and Students

We want to thank you for the massive support you have given us.

The items you brought in 3 car loads weighed 289.04 kg, that is heavier that a fully grown brown bear!

This year the demand for our help has been huge. We have provided food for over 1500 people. As soon as we have helped some clients get to the point where they can manage without our help, others turn to us.

What a wonderful school you are in doing so much to help others when you have enough to do yourselves. We really appreciate your practical help. You are a credit to yourselves, your school and our society.

Once again, thank you, for your support.

Rickard Worthington

Nailsea Foodbank









#### Advent calendars



Advent calendar donations need to be in by the end of November, to make sure that they can be distributed ready for the start of Advent.

Please drop advent calendars to your House offices by 17th November to ensure we can drop them off for the beginning of December!

This year, Clevedon foodbank is asking for specific items that will help families in need this Christmas.

However, all donations are useful, and very much welcomed!



Please ensure all donations are dropped off by Friday 1st December 2023. Please could all items have a used-by date after Jan 2024. Delivery address Unit 3 Knowles Road Clevedon BS21 7XS

Please phone 07722760529 to arrange a delivery time and day Or email

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Christmas Cake	2 Stuffing	Variety tins/	Cranberry Sauce	Chutney/Pickles	Boxes of Biscuits and Chocolates
Nuts & Confectionery	Tinned Tuna	Coffee	10 Shortbread	11 Tinned Fruit	12 Tubed Crisps Pringles/ Stackers
13 Selection Boxes	Long Life Fruit	15 Hot Chocolate	16 Savoury Crackers	17 Tinned Custard	18 Trifle Mix
19 Christmas Pudding- non alcoholic	20 Jelly	21 Small boxes of Christmas Crackers	22 Tinned Ham	23 Cakes - Mr Kipling's	24 Mince Pies

Registered Charity in England & Wales 1163153 'Your donations will be going to a local food bank – a register charity or charitable organisation which is part of the Trussell Trust network'

### Other items you can donate include...

- Tinned meals (spaghetti, chicken or veg curries, chilli)
- Tinned soup
- Jam and spreads
- Shower gel
- Shampoo/conditioner
- Deodorant
- · Toilet rolls
- · Washing up liquid
- · Laundry detergent pods
- · Feminine hygiene products
- · UHT milk

- Tinned meat
   (hotdogs, meatballs etc.)
- Tinned fish
- Tinned fruit
- Sponge/rice puddings
- Coffee (small jars)
- Long-life juice
- Pasta sauce
- Tinned veg (potatoes, carrots, green beans , tomatoes)

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You could also donate GIFTS in the form of Vouchers Previously we gave gifts such as toys but this gives families autonomy over what they choose for their young people! Aldi orange vouchers are ideal, which can easily be found on the Aldi website.



WHEN: Now until Thursday 30th November (we have to deliver it on Friday!)

WHERE: Blue boxes in House Offices - your tutor might keep a box in your tutor base first. Mr Newall will do weekly deliveries



The non-uniform day at the end of term will raise money for the Trussell Trust Food bank

See the Foodbank Page on FROG for More information