



January 2024

Dear Parents/Carers

Year 9 Wild and Well trip to Mojo Active – Further Information and Kit

Thank you to all those who have paid so far. We are very excited about the trip after half term. As a reminder the days for each learning group are as follows:

- **Wednesday 21 February** 9C and 9D
- **Thursday 22 February** 9F and 9G
- **Friday 23 February** 9H and 9I
- **Monday 26 February** 9E
- **Wednesday 28 February** 9A and 9B

Students should know which learning group they are in but if anyone is still in any doubt please get them to ask their History, Drama, English or Art teacher, or send me an email.

As you would expect, Mojo Active is very muddy. It is therefore vital that students are dressed appropriately:

- Wellies or other suitable waterproof footwear. Trainers **will NOT** be suitable.
- No uniform, they should wear old clothes they don't mind getting muddy.
- Plenty of layers to keep them warm.
- A warm waterproof coat.
- A change of clothes in case they slip over.
- **A spare pair of shoes and a carrier bag for muddy wellies**, as they will not be allowed to get back on the coach in their wellies.
- Packed lunch and plenty of snacks to keep them energised throughout the day. There is nowhere to buy food at Mojo Active.

Mojo Active have advised us that it is extremely rare a trip would be cancelled, so please assume we are going ahead in all weather. If the trip is cancelled students will find out once they are in school and will go to the normal lessons they would have had that day; they do not need to bring in school books for the day.

In the three weeks following the trip, students will be taken out of one lesson a week to do some follow up sessions outside around the school site mainly on a Thursday or Friday. Again this will continue as much as possible regardless of the weather so students will need to have a warm coat with them, but will not need wellies.

...\cont

Can I take this opportunity to remind you, if you have not already, to please give your consent and make the payment on ParentPay. If you have any questions about payment please contact the school reception.

Finally, a reminder to email photos taken on a wintry walk. There have been some lovely pictures and it is great to see so many students getting out into nature! They can be sent to the following email address: wildandwell@backwellschool.net

Many thanks

Anna Randall
BeWell co-ordinator

Further information can be found at:

<https://www.mind.org.uk/information-support/tips-for-everyday-living/nature-and-mental-health/>