



Year 9

Enrichment Week 2026

Monday 22 to Friday 26 June

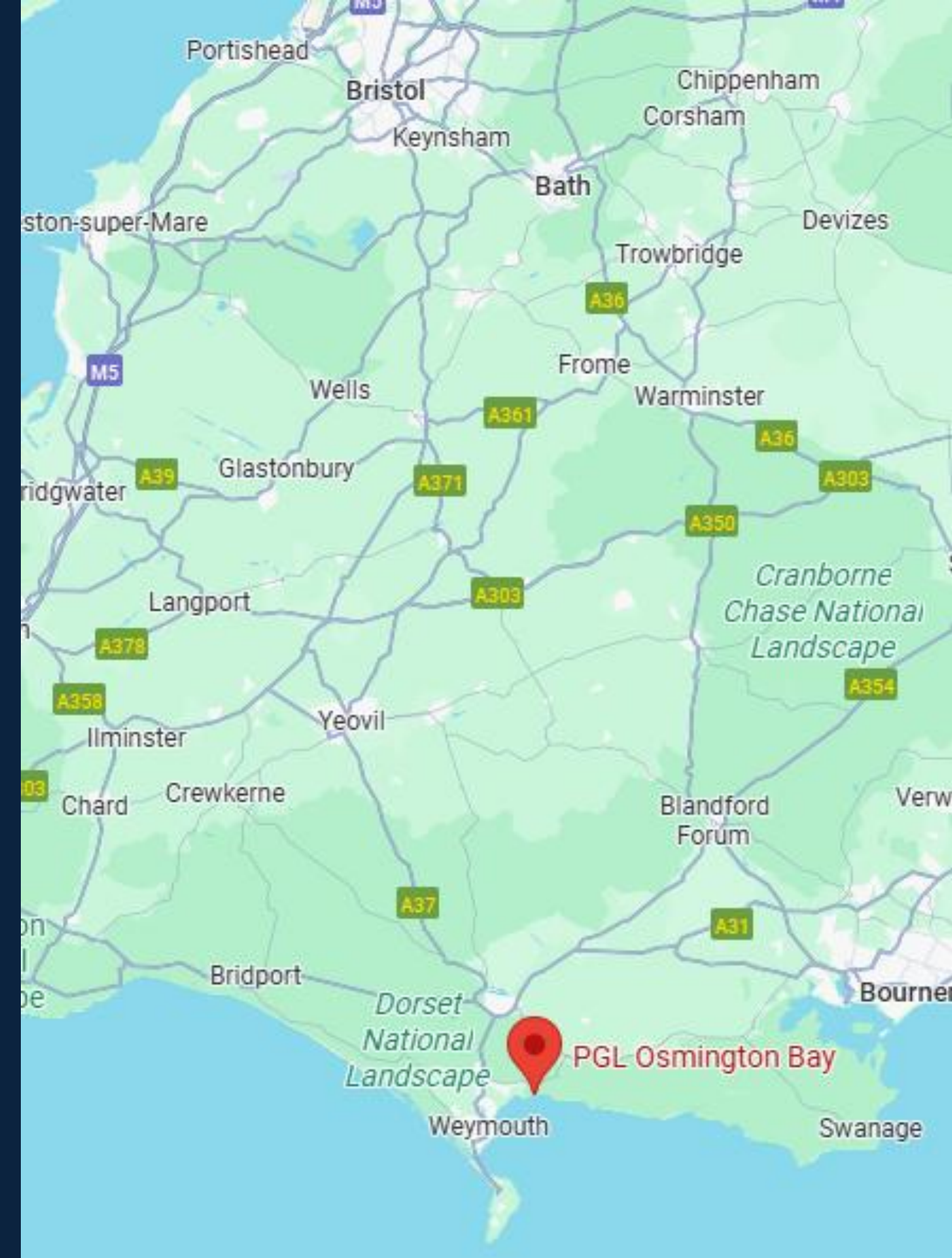


# Where

PGL Osmington Bay

A beautiful coastal location in Dorset

Approx. 2.5hr journey with a rest stop



# PGL Osmington Bay





# Groupings

- **6 x COACHES** – there are 6 x coaches and we have divided students into 6 x groups with a coach leader. You will be with your friendship group on the coach.
- **ACTIVITY GROUPS** – we have divided students into activity groups of 12 students. Each activity group will be a mix of your friendship slip friends PLUS other friendship groups (boys and girls). Activity groups will have a Backwell Staff activity group leader who will accompany students their group the whole week.
- **ROOMING** – PGL have allocated us dorms of 4 beds. Students will be with some or all of their friendship slip friends. There will be a members of staff in your corridor.

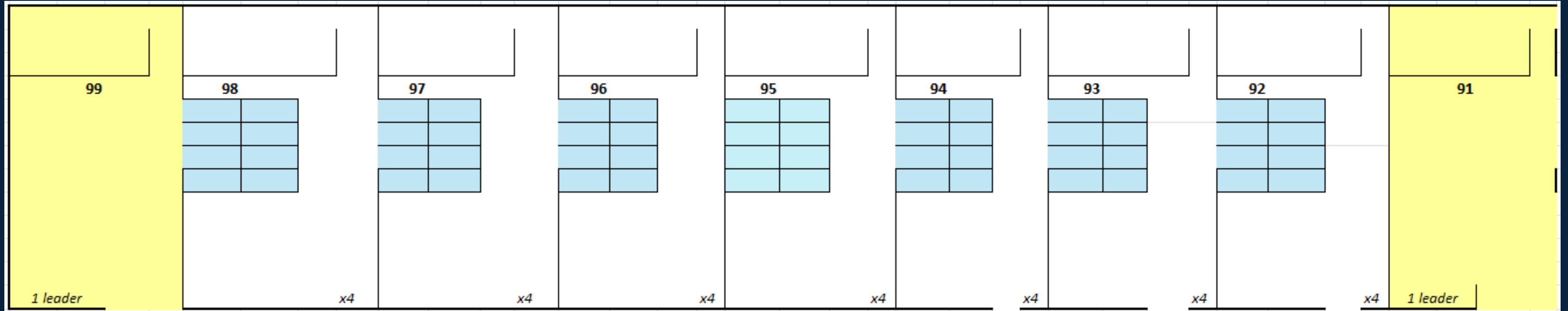


# Accommodation





# Accommodation





# Activities





# Example Activity Itinerary

Confirmed activities are:

- Dragon Boating
- Vertical Challenge
- Aeroball
- Archery Tag
- Trapeze
- Laser Tag
- Climbing
- Raft Building
- Giant Swing
- Zip Wire
- Problem Solving
- Abseiling
- Survivor



# What to bring

Please check PGL's Kit List carefully for what to pack.

Note that a sleeping bag, pillow and towels is essential.

Students should arrive dressed to partake in activities.

(There are some students who will be doing water activities on their day of arrival – will be in contact with these groups regarding what to pack in their day bag.)

**PGL WHAT TO BRING**

Please ensure that all items are named.

**CLOTHING**  
Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- Tops & jackets
  - T-shirts
  - Long sleeved shirt/T-shirts
  - Waterproof jacket
  - Fleeces/jumpers
- Trousers or leggings but not jeans as they get heavy and cold when wet
- Underwear & socks
- Swimming costume/trunks for water activities
- 1 or 2 sets of clothes for the evening
- Suitable nightwear

*Your arms will need to be covered to do some activities.*

*Your socks will need to cover your ankles to do some activities.*

**FOOTWEAR**

- 2 pairs of trainers
  - 1 for activities
  - 1 old pair for watersports
- 1 pair of dry shoes for evening activities

*We recommend that all visitors wear closed-toe footwear while on site due to uneven terrain and safety considerations around activity areas.*

**OTHER ITEMS**

- 2 towels
  - 1 for showering
  - 1 old one for activities
- Reusable drinks bottle
- Small rucksack/bag
- Labelled bin bag for wet and dirty clothing
- Sleeping bag or duvet and pillow (unless otherwise advised)
- Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)
- Hair ties for long hair
- Torch
- Pocket money £10-20 Recommended

**TRAVELLING IN THE...**

**...SUMMER?**

- Shorts
- Baseball cap/sun hat
- Sunscreen

**...WINTER?**

- Warm coat
- Hat and gloves

**Lost property**  
We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

**Study courses and sports weekends**  
Groups taking part in study courses and sports weekends e.g. netball/football, should bring appropriate clothing/footwear for these activities.

**What to wear**  
We have included some guidance on what to wear and what not to wear for the activities we are most often asked about. Please note, activities vary at each centre and final activity itineraries are planned by each centre.

Water-based activities	Rope sessions	Muddy activities
<input checked="" type="checkbox"/> Old trainers/water shoes	<input checked="" type="checkbox"/> Sturdy footwear	<input checked="" type="checkbox"/> Old trainers
<input checked="" type="checkbox"/> Warm clothing	<input checked="" type="checkbox"/> Tops to cover the shoulders	<input checked="" type="checkbox"/> Long trousers (waterproof if possible)
<input checked="" type="checkbox"/> Layers	<input checked="" type="checkbox"/> Shorts that cover the thighs	<input checked="" type="checkbox"/> Layers
<input checked="" type="checkbox"/> Old clothes	<input checked="" type="checkbox"/> Long trousers	<input checked="" type="checkbox"/> Flip flops/crocs/sandals
<input checked="" type="checkbox"/> Swimsuits (for some water activities)	<input checked="" type="checkbox"/> Flip flops/crocs/sandals	<input checked="" type="checkbox"/> Shorts
<input checked="" type="checkbox"/> Flip flops/crocs/sandals	<input checked="" type="checkbox"/> Denim shorts	
<input checked="" type="checkbox"/> Wellies		
<input checked="" type="checkbox"/> Jeans		

**PLEASE DO NOT BRING**

- Electrical devices
- Computer games
- Food items that contain nuts
- Jewellery/valuables
- Aerosols
- Flip flops/crocs/sandals

*If you bring your mobile phone, please note, it is not covered by our insurance.*



Menu choices for individuals with allergens can be adapted and is not limited to the items displayed here.

PGL can provide meals that do not include the main 14 allergens as ingredients.

Dietary information has been supplied to PGL.

# Sample Menu Choices

Breakfast	Lunch	Dinner
Sausage (Pork/Vegetable) Hash Browns Baked Beans Mushrooms	Pizza	Fish Fingers and Vegetable Selection
Cereal selection Assorted Yoghurts	Tuna Mayo Roll / Cheese Roll / Ham Roll	Vegetable Chow Mein
Toast & Jam	Skinny Fries	Penne Pasta with Tomato Sauce and Grated Cheese (Plain Pasta Option)
Porridge with toppers	Soup with bread roll	Homemade Iced Sponge Cake



# 10 minutes of humbug





# Residential Trips are an amazing experience

- and we want everyone, staff and students to have a fantastic time
- but they are 'SCHOOL' trips and as such students must be aware that normal school rules and expectations apply.
- In fact, because of health and safety issues, behavioural standards must be higher.



# Expectations on the trip

- **Students must follow staff instructions at all times – they will almost always be for their safety. Any rudeness or defiance of any staff member will not be tolerated. (Voluntary)**
- **Instructors on site – different but same relationship – listening is an absolute must**
- **Backwell students on trips have a history of being praised and applauded for their actions**



# Specific issues and Concerns aka – stating the obvious

- Drugs
- Alcohol
- Cigarettes – including vapes.
- Anyone caught with any of the above risks being sent home immediately – for sanctions see later slide.



# Mobile phones & Accommodation blocks

- **The School strongly recommends that students do not bring their mobile phones/smart devices with them to the Year 9 Enrichment Week trip to Osmington Bay.**
- **Mobile phones can have a negative effect on behaviour and engagement as well as affecting sleep and energy levels as teenagers stay up late on games, the internet and social media.**
- **Parents will only be too aware of the complexities and dangers around online privacy, safety and the use of social media so not having access to a smart phone means that any misunderstandings regarding taking unwanted photos or unkindness online can be avoided. From our significant experience we believe that students fully embrace Enrichment Week if they do not have the distraction of a mobile phone.**
- **All staff will have access to phones for emergency situations, to call home if required and to update on arrival times for the journey home.**
- **If your child must bring a mobile phone away with them the following will apply:**



# Mobile phones & Accommodation blocks

- Phones are to be placed in mobile phone pouches on arrival at the site and will be unlocked for the coach journey home. The pouches should then be left in the dorm room during the day. Any mobile device found in use during the week will be confiscated and returned to parents on arrival back at school. Students with permission to access phones will be able to get a staff member to unlock and then relock as permitted.
- Phones are taken at the student's risk; they are responsible for any damage or loss that occurs.
- No photos or recordings (either video or audio) of other pupils or school staff, under any circumstances, can be posted on social media. Any student who is aware of content being published on social media must report this to a member of staff immediately as it is unacceptable.



# Mobile phones & Accommodation blocks

- **Accommodation Blocks**
- **Rooms for 4 students in blocks of 7 rooms, so no good reason for any student to be in a different room or block.**
- **Need to be respected and well looked after – no vandalism or careless treatment. You will be expected to clean out the room at the end of the week so keep it tidy!!**



# Sanctions

- **No member of staff on the trip wants to think about sanctions. If the simple rules are followed then all participants will have a great time.**
- **Unfortunately we know that mistakes are made and for health and safety reasons sanctions may have to be applied.**
- **Backwell School Toolkit – take up time etc.**
- **Removal from activities – daytime or evening.**
- **Worst case scenario – Staff will have no hesitation in calling home and asking parents to collect a child who cannot be kept safe. Only a last resort but please do not think this is an idle threat. (Safety of all)**

## Departure Information

Eurocoaches arrive onsite 8am (before S-2-H transport)

Parents can start dropping off from 8am (TBC Common Room holding area?) or students arrive on S-2-H transport

EW coaches DPT 8.45am

Stop at services

ARR 12:00



We look forward to the  
adventures and memories  
that Enrichment Week  
brings