

## Year 9 Enrichment Week

### Frequently Asked Questions

**Q: If my child is taking their mobile phone do they need their phone pouch?**

A: Yes, phone pouches are essential - **please ensure that pouches are labelled with the student's name**

**Q: Does my child need to take a packed lunch?**

A: Please send your child with a packed lunch/snacks for the outward journey. The rest of the meals (from Monday evening onwards) will be provided. Please do not send any food containing nuts or traces of nuts.

**Q: What luggage to bring**

A: PGL have advised that bedroom space is limited, so bring soft bags that can be tucked under beds.

**Q: Can my child keep their medication with them?**

A: Please can all medication, including paracetamol, be handed in to the coach leader before the trip with an accompanying medication form. The only exception is hayfever tablets which may be kept by the students (please fill in a medication form for this too).

**Q: Should my child bring cash on the trip?**

A: Students will be able to purchase snacks at the following locations:

Services stops en-route – cash or card

PGL has a Gift Shop which has merchandise as well as snacks – they suggest £10-£20 in cash or card

**Q: My child has a dietary requirement (GF, vegetarian etc) – how will this be catered for?**

A: The school has supplied the dietary information to PGL that parents/carers provided in the Student Essential Information forms filled in earlier this year.

**Q: Does my child need to take bedding and towels?**

A: PGL provides bottom sheets on beds. Students need to bring a pillow and sleeping bag (or duvet but this is bulky to take on the coach). Towels for showering and water-based activities are also needed.

**Q: What clothing to wear on the arrival day?**

A: Our programme includes afternoon activities on arrival day. PGL recommend that all guests arrive wearing:

- Closed-toe shoes
- Tops that cover shoulders (for rope activities)
- Shorts/trousers that cover thighs (for rope activities)
- Weather-appropriate outer layers

**Water Sports Preparation:**

Some Activity Groups will have water sports scheduled on the arrival day. The school will be in contact to inform you if this applies to your child. The students in these groups will need a full change of clothes — including shoes — easily accessible.

**Q: Does my child need a day bag?**

A: PGL recommend that each guest arrives with a prepared day pack containing water, sun cream, a waterproof jacket and a hat.