



September 2026

Dear Parent / Carer

Year 11 GCSE Food Preparation and Nutrition

I am writing to inform you that your child has now started their first Non-Examination Assessment (NEA). This is worth **15%** of the total mark for GCSE Food Preparation and Nutrition.

Please find below a breakdown of how the assessment will be conducted. We do expect all students to be focused and independent throughout the assessment period.

Week Beginning	Task
Term 1	
08 Sept	Introduction to brief and initial thoughts
14 Sept	Initial thoughts and textbook research
21 Sept	Research using the internet
28 Sept	Hypothesis and Plan of Action
05 Oct	Experiment 1
12 Oct	Experiment 2
19 Oct	Analysis of experiments – Creating tables and graphs of data
Term 2	
02 Nov	Final Conclusion
09 Nov	Final Improvements
16 Nov	Deadline week – Hand in during the last lesson of the week

We will provide guidance, examples, writing frames and textbooks for research and all the ingredients and any equipment required for the practical element of the assessment. So there is really no excuse for not completing the work to the best of their ability.

This assessment must be completed by week ending **Friday 20 November** and will be handed in during the last Food lesson of that week, as the next Non-Examination Assessment (NEA) will start in in December. The second NEA will be worth **35%** of the total mark for GCSE Food Preparation and Nutrition.

Due to the time constraints of the NEA 1 coursework, there will be no revision lessons prior to the trial exam week taking place in November. Students will still be expected to undertake revision in their own time as home learning using the guidance provided by their teacher.

Thank you for your continued support. If you require any further information or have any queries, please do not hesitate to contact us.

Yours sincerely

Julia Morris and Ben Hicken
Design Technology