Backwell School

Station Road, Backwell,
Bristol BS48 3BX
Tel: 01275 463371
mailbox@backwellschool.net
www.backwellschool.net

Headteacher: Will Penny BSc NPQH

October 2026

Dear Parent/Carer

Year 12 A Level PE – Sports Science trip to University of South Wales
Wednesday 2 December 2026

We have been offered the exciting opportunity to take students to the University of South Wales to take part and experience some Sports Science Laboratory Testing and Strength and Conditioning Sessions.

These activities have strong links to the OCR A level PE specification and will be an excellent practical experience to underpin their knowledge of fitness testing and training. It will also give students valuable experience of spending the day at a University campus and give them an insight into what a degree level sports course might entail.

- Students will need to bring a packed lunch and plenty of fluids to last the day.
- Students will need to wear sports kit that is appropriate for fitness training, running and cycling.
- It is also important that students bring spare clothing to change into after the physical activity.
- If students require medication (such as inhalers for asthma) please ensure that they bring it as well as a spare in case of emergencies.

Transport to the USW Sports Park, in Pontypridd, will be by minibus. We are due to leave school at 7.45am and return to school at approximately 4.30pm.

Please ensure that once students return to school and are dismissed from the coach, you have made arrangement for their safe return home.

We are requesting a contribution of £21.50 for this trip. Please log on to www.parentpay.com, the school's online cashless payment system, **no later than 10 October 2026.** Please note that if not enough funds are collected the trip may not be able to go ahead.

If you have any problems accessing the service, please contact the Finance Team via email at finance@backwellschool.net. In cases of financial assistance, please contact the Finance Team, who will be able to provide information regarding the 16-19 Bursary Fund. This is available to post-16 students who are in receipt of Targeted Free School Meals or whose parents/carers receive Child Tax Credit or Universal Credit.

Yours sincerely

Chris Budd
PE Department
Backwell School